



*Eastridge Senior Living Suites, Abbeville, LA (337) 898-1944*

February 2018

## Introducing Fierce Fridays

Join us in the Fierce Friday fun! Beginning February 2<sup>nd</sup>, each Friday will hold a different theme. Those who dress in the coolest costumes will receive a prize! Winners will be chosen at resident happy hour socials on Fridays at 2:00 pm.

Themes are listed below:

February 2<sup>nd</sup> – Super Bowl

February 16<sup>th</sup> – Almond Joy

February 9<sup>th</sup> – Cupid

February 23<sup>rd</sup> – Red Day



## Department Heads:

**Executive Director**

**Angie Leblanc, LPN**

**Resident Services Director**

**Kristian Landry, LPN**

**Life Enrichment Director**

**Jeneen Broussard**

**Business Office Manager**

**Rebecca Green**

**Dietary Manager**

**Pam Bruno**

## Mardi Gras Royalty



Congratulations to our 2018  
Mardi Gras King and Queen!

**Queen – Ms. Lula Duhon**

**King – Mr. Joe Broussard**

## Inspirational Quote

We can do no great  
things, only small  
things with great love.

- Mother Theresa

## Upcoming Events

Mark your calendars and join us!

- 2/01 Hit the Road Jack (Men's Joyride) 2pm
- 2/02 Sew What (Sewing with Mary) 10 am
- 2/04 Church (St. Theresa) 10:15 am
- 2/06 Art to Music 10am
- 2/07 Mardi Gras Party 5-7 pm
- 2/08 Karaoke w/ Laura (First Name Basis) 10am
- 2/09 Cooking With Charles B. 10 am
- 2/12 Mass (ERNC) 9:15am
- 2/14 Birthday Party 2-4 pm
- 2/21 Anytime Fitness 10 am
- 2/26 Beignet & Coffee 10 am
- 2/28 Price Is Right 10 am

## Birthdays and Anniversaries

### Residents:

Thais C. (A – 3 years)	2/02
Bill C. (B)	2/18
Earlene B. (B)	2/19

### Employees:

Jeneen B. (A – 8 years)	2/06
Rebecca G. (B)	2/20
Erin L. (B)	2/24
Lashonda H. (B)	2/26

## happy valentine's Day!

Valentine's Day is almost here! Get ready  
for the holiday by learning ten different  
ways to say "I Love You!"

### French

Je t'aime

### Spanish

Te quiero

### Hebrew

רתוא תבהוא ינא

### German

Ich liebe dich

### Croatian

Volim te

### Italian

Ti amo

### Portuguese

Eu te amo

### Swedish

Jag älskar dig

### Romanian

Te iubesc

### English

I love you

## Featured Recipe: Creamy Shrimp and Corn Soup

### Ingredients:

- 1 lb. medium shrimp – peeled and deveined
- 1 onion, chopped
- ¼ cup butter or margarine
- 1 (10.75 oz.) can condensed cream of chicken soup
- 1 (10.75 oz.) can low-fat cream of celery soup
- 1 (16 oz.) package frozen corn kernels
- 1 (14.5 oz) can chicken broth
- 1 cup skim milk
- 1 pinch dried rosemary
- 1 pinch dried thyme
- 1 pinch ground nutmeg
- Salt and pepper to taste



### Directions:

In a large pot over medium high heat, sauté the shrimp and onions in the butter or margarine for about 5 minutes or until onions are tender. Add the cream of chicken soup, cream of celery soup, corn, broth, milk, rosemary, thyme, nutmeg, and salt and pepper to taste. Reduce heat to low and simmer for about 20 minutes. Serve with French bread.



**EASTRIDGE**  
SENIOR LIVING SUITES

### **Our Philosophy**

Our philosophy is based on the definition of Assisted Living.

- Foster Independence for each Resident.
- Treat each Resident with Dignity and Respect.
- Promote Individuality.
- Allow each Resident Choice of Care and Lifestyle.
- Protect each Resident's Right to Privacy.

*we welcome you...*

## **BUT NOT THE FLU!**

Influenza, or the flu, can be a very serious illness for our residents. If you have not received your flu shot this year, please do so soon. Also, if you are experiencing any flu-like symptoms, such as sore throat, cough, fever, or muscle aches, please **DO NOT** enter this facility until you are feeling better. Remember that children can also spread Influenza, so please do not bring children to visit with you if they have any symptoms of the flu. If you are currently suffering with a cough or respiratory illness, please wear a face mask to protect our residents (available upon request at the facility).

**WE NEED YOUR HELP IN KEEPING OUR RESIDENTS HEALTHY THIS FLU SEASON!**

## **Eastridge Senior Living Suites**

**2309 Richard Street  
Abbeville, LA 70510**

**PHONE:  
(337) 898-1944**

**FAX:  
(337) 892-1298**



We're on the Web!  
See us at:  
[www.eastridgesuites.com](http://www.eastridgesuites.com)

## **Our Mission**

Our mission is to operate and manage the highest level of quality independent and assisted living communities, providing superior service and unmatched value where:

- Residents and their family members are shown compassion, understanding, respect, dignity and caring support.
- Team members feel a sense of belonging.

## **REMINDERS & ANNOUNCEMENTS...**

- All monthly rent is due by the 5<sup>th</sup> of every month.
- Transportation for Dr. Appointments occurring after 2:00 pm will now incur an additional fee.
- Newspapers are to be handed out by staff only.
- Dietary staff requests all dishes be returned in a timely manner.
- The covered area is for drop-off and pick-up only please

**Thanks!**



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